**AT ALL TIMES**

• Please always adhere to UK Government social distancing guidance.

**BEFORE PLAY**

• Check for symptoms of Covid-19. If you are symptomatic and/or living in a household with a possible infection, you must remain at home and follow UK Government guidance.

• Complete our online registration form. If your availability changes at any point after registering then drop us an email at [mkdiamondssoftball@gmail.com](mailto:mkdiamondssoftball@gmail.com) to let us know.

• MK Softball asks that you do not invite any friends or family members to spectate. Spectators are only permitted if looking after children or vulnerable adults and must socially distance.

• Shower and change at home if needed. Please note there may not be any facilities open at Woughton Pavilion.

• Bring your own hand sanitiser to every session.

• Players must avoid sharing equipment and use their own equipment where possible so please bring whatever you have with you. If a player does not own a glove or helmet and they wish to use a club one they must get in touch with the committee in advance to organise a short-term loan.

• Follow UK Government guidance on public transport and car-sharing.

• MK Softball discourages meeting in the car park or around the venue before a session.

**DURING PLAY**

• Please listen & follow instructions from coaches who are helping to keep everyone as safe as possible.

• Chewing gum, tobacco or seeds, spitting into gloves/mitts, licking fingers, smoking or vaping are not permitted.

• Sharing of equipment is discouraged and any items that have to be shared must be disinfected between uses.

• Players should bring individual drinks containers and refrain from sharing drinks with other players.

• Adhere to social distancing except when the ball is in play. Any close proximity or face-to-face interactions (e.g. tag plays) must be kept to an absolute minimum and for the shortest time possible.

• If playing the position of Catcher you must be positioned a minimum of 1m behind the batter.

• If a player fails to reach base while batting, they must pick up their own bat (by the handle) upon leaving the field. Alternatively if a player gets on base while batting, the on-deck batter must remove the bat (by the barrel).

• No cheering, shouting, or loud celebrations are permitted.

**AFTER PLAY**

• MK Softball discourages gatherings in the car park, and any socialising after sessions must be in line with current Government guidelines on social interaction and hospitality.

**We thank you in advance for your cooperation!**